

Monday

Tuesday

Wednesday

Thursday

Friday



Pop Tart
 Bear Grahams
 Raisins
 Orange Juice
 Milk

4

Cereal Bar or Cereal
 Bear Grahams
 Raisins
 Orange Juice
 Milk

5

Cinnamon Pancakes
 Bear Grahams
 Raisins
 Orange Juice
 Milk

6

Rice Krispy Treat
 Bear Grahams
 Raisins
 Orange Juice
 Milk

7

Rice Krispy Treat
 Bear Grahams
 Raisins
 Orange Juice
 Milk

1

Banana Bread
 Bear Grahams
 Raisins
 Orange Juice
 Milk

8

Mini Donuts
 Bear Grahams
 Raisins
 Orange Juice
 Milk

11

Cereal Bar or Cereal
 Bear Grahams
 Raisins
 Orange Juice
 Milk

12

Chicken Biscuit Sand.
 Bear Graham
 Raisins
 Orange Juice
 Milk

13

BelVita Breakfast Biscuits
 Bear Grahams
 Applesauce Cup
 Orange Juice
 Milk

14

Lemon Bread
 Bear Grahams
 Raisins
 Orange Juice
 Milk

15

Pop Tart
 Bear Grahams
 Raisins
 Orange Juice
 Milk

18

Cereal Bar or Cereal
 Bear Grahams
 Raisins
 Orange Juice
 Milk

19

Cinnamon Roll
 Bear Grahams
 Raisins
 Orange Juice
 Milk

20

Rice Krispy Treat
 Bear Grahams
 Raisins
 Orange Juice
 Milk

21

Banana Bread
 Bear Grahams
 Raisins
 Orange Juice
 Milk

22

Mini Donuts
 Bear Grahams
 Raisins
 Orange Juice
 Milk

25

Cereal Bar or Cereal
 Bear Grahams
 Raisins
 Orange Juice
 Milk

26

Chicken Biscuit Sand.
 Bear Graham
 Raisins
 Orange Juice
 Milk

27

Cinnamon Pancakes
 Bear Grahams
 Raisins
 Orange Juice
 Milk

28

Yogurt Cup
 Bear Grahams
 Raisins
 Orange Juice
 Milk

29

OCTOBER | 2021

K-8 Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27



28



29



30



1

Grilled Cheese
Tomato Soup (1/2 cup)
Goldfish Crackers (.75 oz)
Glazed Carrots (1/2 cup)
Fruit Cup (1/2 cup)

4

Cheeseburger
Baked Beans (1/2 cup)
Potato Wedges (1/2 cup)
Applesauce (1/2 cup)
Smart Snack Chips

5

Meatball Sub Sandwich
w/mozzarella cheese
Garlic Green Beans (1/2 cup)
Celery Stix (1/4 cup)
Ranch Cup
Fresh Pear
Sunchips

6

Tony's Pepp. Pizza
Tossed Salad w/croutons
(lettuce 1/2 cup, tomatoes 1/4 cup,
carrots 1/4 cup), Dressing Packet
Mixed Fruit (1/2 cup),
Fruit Juice (1/2 cup)

7

Beef and Cheese Burrito
Salsa (1/4 cup),
Sour Cream Pcket (1 oz)
Sweet Corn (1/2 cup)
Orange Wedges (1/2 cup)

8

NO SCHOOL
NEOEIA DAY



11

Chicken Tenders
Mashed Potatoes (1/2 cup)
Chicken Gravy
BBQ Baked Beans (1/2 cup)
Cornbread Loaf/Marg
Sliced Apples (1/2 cup)

12

Pizza Spaghetti
Garlic Roll
Broccoli Florettes (1/2 cup)
Cukes (1/4 cup)
Ranch Cup
Pineapple/Berries (1/2 cup)
Teddy Grahams

13

Pepperoni Pizza Dippers
Marinara Sauce
Tossed Salad w/croutons
(lettuce 1/2 cup, tomatoes 1/4 cup,
carrots 1/4 cup), Dressing Packet
Fruit Cup (1/2 cup)
Willard - Cocca's Pizza
Jefferson - Ianazone's Pizza

14

Nacho Grande
Sweet Corn (1/2 cup)
Sour Cream (1 oz), Taco
Sauce
Fresh Garden Salsa (1/4 cup)
Peach Cup (1/2 cup)
Fruit Juice (1/2 cup)

15

Macaroni & Cheese
Dinner Roll w/marg
Tender Peas (1/2 cup)
Carrots (1/2 cup) w/ Ranch
Cup
Banana

18

Corn Dog
Baked Beans (1/2 cup)
Baked Fries (1/2 cup)
Orange Wedges (1/2 cup)
Smart Snack Chips

19

Lasagna Rollup
Garlic Breadstick
Carrots/Celery (3/4 cup)
w/Ranch Cup
Grapes (1/2 cup)
Mini Rice Krispy Treat

20

Stromboli/Calzone
Tossed Salad w/croutons
(lettuce 1/2 cup, tomatoes 1/4 cup,
carrots 1/4 cup), Dressing Packet
Peach Cup (1/2 cup), Popcorn
Lincoln - Cocca's Pizza
McGuffey - Ianazone's Pizza

21

Chicken Patty Sandwich
Steamed Fresh Green
Beans (3/4 cup)
Apple Slices (1/2 cup)
Banana
Popcorn

22

French Toastix w/syrup
Sausage Links
Smiley/Emoji Potatoes (3/4
cup)
Mixed Berry Cup (1/2 cup)
Orange Juice (1/2 cup)

25

BBQ Pork Sandwich
Sweet Corn (1/2 cup)
Cinnamon Carrots (1/2 cup)
Fruit Cup (1/2 cup)
Chat Snax (1 oz)

26

Rotini w/Mini Meatballs
Garlic Toast
Fresh Veggies (3/4 cup)
w/ Hummus Cup
Orange Wedges (1/2 cup)
Fruit Juice

27

Pepperoni Pizza Stix
Tossed Salad w/croutons
(lettuce 1/2 cup, tomatoes 1/4 cup,
carrots 1/4 cup), Dressing Packet
Applesauce (1/2 cup), Pretzels
Willard - Ianazone's Pepp Pizza
Jefferson - Pizza Hut Pepp Pizza

28

Chicken Tenders
Waffle w/syrup
Oven Roasted Potatoes
(3/4 cup)
Peach Cup (1/2 cup)
Fruit Juice

29

Cheeseburger
Potato Wedges (1/2 cup)
Brocc/Cauli (1/2 cup),
Ranch Cup
Pear Cup (1/2 cup)
Sugar Cookie

News

Milk Served w/Meals
Menu Subject to Change



This institution is an equal
opportunity provider.