

SWIMMING LESSONS FOR ALMOST EVERYONE AGES 3 THRU 14 YEARS *



CHECK WITH COORDINATOR FOR AGE EXCEPTIONS AND SPECIAL NEEDS PARTICIPANTS

YOUR CHILD CAN "MAKE A SPLASH" DURING OUR FALL & WINTER 2024-2025 PROGRAM

- **★**"EARLY BIRD" (EB) PRE-REGISTRATION BEGINS AUGUST 1★
 - COMPLETE & SUBMIT REGISTRATION FORM (LAST PAGE).
 - **⚠** Make payment once your pre-registration is confirmed.
 - **©** EARLY REGISTRATION <u>BEFORE AUGUST 30[™] WILL SAVE YOU MONEY!</u>
- ★"REGULAR" (REG) REGISTRATION PER
 CHILD PER SESSION CONTINUES UNTIL
 THE END OF THE WINTER PROGRAM
 ONCE THE "EARLY BIRD" SPECIAL IS
 OVER ON AUGUST 30TH★

| Some New Pricing & Ways to Save for 2024-2025 | | | | | | | |
|---|----|---------|---------|---------|---------------|--|--|
| SESSION | DA | # CL | REG | EB | EB Savings | Classes will not meet | |
| Fall 1 | MW | 6 | \$34.50 | \$30.00 | \$4.50 | (No Classes - 9/11 Waiver Day) | |
| 9/3-9/26 | TT | 8 | \$46.00 | \$40.00 | \$6.00 | | |
| Fall 2 | MW | 8 | \$46.00 | \$40.00 | \$6.00 | | |
| 9/30-10/24 | TT | 8 | \$46.00 | \$40.00 | \$6.00 | | |
| Fall 3 | MW | 8 | \$46.00 | \$40.00 | \$6.00 | | |
| 10/28-11/21 | TT | 6 | \$34.50 | \$30.00 | \$4.50 | (No Classes - 10/31 Halloween & 11/5 Waiver Day) | |
| Fall 4 | MW | 6 | \$34.50 | \$30.00 | \$4.50 | | |
| 12/2-12/19 | TT | 6 | \$34.50 | \$30.00 | \$4.50 | | |
| Winter 1 | MW | 5 | \$28.75 | \$25.00 | \$3.75 | (No Classes - 1/20 MLK Day) | |
| 1/6-1/23 | TT | 6 | \$34.50 | \$30.00 | \$4.50 | | |
| Winter 2 | MW | 6 | \$34.50 | \$30.00 | \$4.50 | | |
| 1/27-2/13 | TT | 6 | \$34.50 | \$30.00 | \$4.50 | | |
| Winter 3 | MW | 5 | \$28.75 | \$25.00 | \$3.75 | (No Classes - 2/17 President's Day) | |
| 2/17-3/6 | TT | 6 | \$34.50 | \$30.00 | \$4.50 | | |

During the past few years, the regular amount we charged for 1 40-minute class was \$5.83 (Now to be \$5.75) & the discounted amount was \$5.00. Moving forward we are not looking to increase that amount. Although you will not be able to register for a single class in the group lessons, some of the sessions may offer 5, 6, or 8 classes (CL) based on the school calendar for that year. (See above.)

3 WAYS YOU ARE ABLE TO SAVE

- 1. The <u>"Early Bird" Discount</u> will save you from \$3.75 to \$6.00 per child per session depending on the number of classes offered that session. It is almost like getting 1 lesson for free!
- 2. NEW We are offering a "Multi-Child" Discount. Since about 25% of our families have more than 1 child who is eligible to learn to swim in our program, we are offering a 10% discount for the second child & each additional child that is registered. (All children must be members of the same immediate family, reside at the same residence & registration & payment for all the children in that family must occur at the same time during that "season" to receive this discount. If you add an additional session or another child at a later time, it will be at the regular fee. (*Our 3 season groups: fall-winter, spring & summer)
- 3. In addition to the "Early Bird" and "Multi-Child" discounts because we believe in the benefits of on-going lessons, we are offering a <u>"7-Session" Discount*</u>. You will SAVE AN ADDITIONAL \$10 PER CHILD, if you register & pay for all 7 sessions by August 30th. (You cost is about \$4.75 per individual class.)
 - a. Mon&Wed: 44 classes Reg \$253.00 EB \$220.00 7 session \$210.00 Save \$43.00
 b. Tue&Thu: 46 classes Reg \$264.50 EB \$230.00 7 session \$220.00 Save \$44.50
 - *Provided that there are 7 sessions available at the selected swim level for your child. Good reason to register early.

| 10% Second & each additional child discounts | | | | | | | | |
|--|---|------------------------------------|--|--|--|--|--|--|
| Regular (without EB) | Regular (without EB) Early Bird 7 Session (includes EB) | | | | | | | |
| 5-class session: \$28.75 for \$25.88 | 5-class session: \$25.00 for \$22.50 | MW (44 classes) \$253 for \$189.00 | | | | | | |
| 6-class session: \$34.50 for \$31.05 | 6-class session: \$30.00 for \$27.00 | TT (46 classes) \$264.50 for | | | | | | |
| 8-class session: \$46.00 for \$41.40 | 8-class session: \$40.00 for \$36.00 | \$198.00 | | | | | | |

★3-STEP REGISTRATION PROCESS★

SPOTS FILL ON A FIRST COME FIRST FILL BASIS. SOME CLASSES TEND TO FILL QUICKLY. FOLLOW THE STEPS BELOW TO REGISTER. REGISTER EARLY! BE SURE TO CHECK THE **NEW REVISED PREREQUISITES** (NEXT PAGE) BEFORE SUBMITTING THE REGISTRATION FORM.

PRE-REGISTRATION:

- a. COMPLETE & SIGN: A 2024-2025 FALL-WINTER REGISTRATION FORM FOR EACH CHILD. (LAST PAGE OF THIS FLYER)
- b. ATTACH THE FORM TO A NEW EMAIL & SEND TO: JAY.ROSENTHAL@REDCROSS.ORG.
- c. **SUBJECT: SWIM REGISTRATION**
- d. IF YOU HAVE ANY QUESTIONS: CALL 330-883-0821 BEFORE COMPLETING STEP 1.

CONFIRMATION OF PRE-REGISTRATION:

- a. If all classes requested are available: We will email you a confirmation to confirm that &
- b. WE WILL THEN NOTIFY THE BOOKKEEPER TO EXPECT YOUR CALL TO MAKE A PAYMENT. (SEE STEP 3 BELOW.)
- C. IF WE ARE UNABLE TO CONFIRM THE AVAILABILITY OF ALL CLASSES REQUESTED: WE WILL EMAIL YOU OR CALL YOU OF OTHER POSSIBLE CLASS **OPENINGS AND AWAIT YOUR REPLY.**

3. FINAL REGISTRATION (PAYMENT):

PAYMENT: CONTACT THE BOOKROOM BY THE DATE INDICATED ON THE CONFIRMATION SENT YOU TO MAKE PAYMENT. ALL PAYMENTS WILL BE MADE OVER THE PHONE BY CREDIT CARD TO THE HIGH SCHOOL BOOKROOM (330-841-2316 x 2167). *PAYMENTS MUST BE MADE BY THE DEADLINE INDICATED ON YOUR CONFIRMATION TO HOLD YOUR PLACE.

| | FALL & W | /INTER SESSIONS & I | DATES | REGISTRATION 8 | CLASS INFORMA | TION | |
|--------------------|------------------------|------------------------------------|--|---|---|-------------------------|--|
| FALL Sessions | Days | DATES | No lessons | CLASS DAYS & TIMES: EACH SESSION CONSISTS OF 40-MINU CLASSES (5:00-5:40, 5:45-6:25 & 6:30-7:10) WHICH MEET O | | | |
| FALL 1 | MON & WED TUE & THU | SEP 4 SEP 25 SEP 3 – SEP 26 | (No Classes 9/11 Waiver Day) | MONDAYS & WEDNESDAYS AND | 25 & 6:30-7:10) WED TUESDAYS & THUI ND ON THE AGE AND GE BASED ON ENROL Mondays & Wednesdays 5:45-6:25 6:30-7:10 5:00-5:40 5:00-5:40 5:45-6:25 | SDAYS. THE | |
| FALL 2 | MON & WED TUE & THU | SEP 30 – OCT 23 OCT 1 – OCT 24 | | SPECIFIC CLASS TIME WILL DEPEN OF THE STUDENT & MAY CHANG | | | |
| FALL 3 | MON & WED TUE & THU | Ост 28 – Nov 20 Ост 29 – Nov 21 | (No Classes 10/31 Halloween & 11/5 Waiver Day) | See page 3 for the NEW Level prerequisites | - | Tuesdays & Thursdays | |
| FALL 4 | MON & WED TUE & THU | DEC 2 – DEC 18 DEC 3 – DEC 19 | | LTS 1 LTS 2 | | 5:45-6:25 5:00-5:40 | |
| WINTER Sessions | Days | DATES | | LTS 3 | 5:00-5:40 | 6:30-7:10 6:30-7:10 | |
| WINTER 1 | MON & WED | Jan 6- Jan 23 Jan 7 – Jan 24 | (No Classes 1/20 MLK Day) | Preschool | | 5:45-6:25 | |
| WINTER 2 | MON & WED TUE & THU | Jan 27 – Feb 12 Jan 28 – Feb 13 | | Note about in-water caregive | | | |
| WINTER 3 | MON & WED TUE & THU | FEB 17 – MAR 5 FEB 18 – MAR 6 | (No Classes 2/17 President's Day) | Preschantipatiana i Nievel i classes especially with those v | | | |

CLASS ENROLLMENT: CLASS SIZE WILL BE LIMITED. WE WILL COMPILE A WAITING LIST AS NEEDED. REGISTER EARLY!

urrently required, in-ED with children in ally with those who are unable to stand safely on the platforms.

★ Private Lessons are available: \$20 per ½ hour or 6 LESSONS FOR \$100.

CONTACT INFORMATION: JAY.ROSENTHAL@REDCROSS.ORG



American **Red Cross** Aquatics

All instruction is provided under the direction of certified American **Red Cross Water Safety Instructors.**

FOR QUESTIONS OR MORE INFORMATION ABOUT THE RED CROSS LEARN-TO-SWIM PROGRAM & OTHER RED CROSS PROGRAMS, CONTACT JAY ROSENTHAL, WARREN CITY SCHOOLS COORDINATOR FOR RED CROSS LEARN-TO-SWIM. EMAIL: JAY.ROSENTHAL@REDCROSS.ORG





LOOKING FOR COMPETITIVE TRAINING & PRACTICE?

★ WHAT IS WHAT YOU NEED! "WARREN HARDING AQUATICS TEAM" (WHAT) BEGINNER, INTERMEDIATE & ADVANCED LEVELS - CONTACT HEAD COACH, MICHAEL DAVIDSON, 440-915-1567 OR MIKEDAVIDSON2002@HOTMAIL.COM

Determining the correct class and level for an individual

| AGE PREREQUISITES: Check with coordinator for any exceptions to be made. | | | | | | |
|--|---|--|--|--|--|--|
| CLASS | INDIVIDUAL (UNLESS GIVEN PERMISSION) MUST | | | | | |
| Individual is 3 – 6 years old and has not completed Kindergarten, | enroll in a Preschool Aquatics class | | | | | |
| Individual is 6 – 14 years old, | enroll in a Learn-to-Swim Aquatic class | | | | | |
| Individual is a teen (13 or older) or an adult AND a beginner, | enroll in a Teen & Adult Aquatic class (if/when one is offered) | | | | | |

| AND a beginner, | 0 | a 10011 a 7 taalt 7 tquatio olaco | (in which one is chicken) |
|---|--|--|---|
| The swim strokes and | skills listed as prerequisi | o enroll in the correct ites (and some additional re WITHOUT the use of an WATER | skills) are what is taught |
| LTS Level 1 & Preschool 1 & 2 | • None | • None | |
| LTS Level 2 & Preschool Level 3 | Swimming 10 feet on front with face in water and taking at least 1 breath while swimming (no "doggie paddle") Swim 10 feet on back | 5 bobs hold breath 5 seconds while submerged | back float 5 seconds turn over front to back and back to front |
| LTS LEVEL 3: | Swim 15 feet on front with face in water and rhythmically breathing turning the face to one side at least every other arm cycle Swim 15 feet on back | 10 bobs hold breath 10 seconds while submerged back float 15 seconds turn over front to back and back to front while swimming | change direction swimming on back and also swimming on front tread water 15 seconds jump into chest-deep water & swim 15 feet |
| LTS LEVEL 4: As a student demonstrates his readiness, these additional strokes & skills are taught in LTS Lev 4: breaststroke, sidestroke, butterfly, back crawl, open turns, and standing dives. | Swim front crawl 15 yards Swim elementary backstroke 15 yards Demonstrate breaststroke kick 15 yds Demonstrate scissors kick 15 yards Demonstrate dolphin kick on front 15 yards | Rotary breathing (breathing to the side) 15 times front survival floating 30 seconds | back float 1 minute tread water 1 minute Sitting and kneeling dives |
| LTS COMBINED LEVELS 3 & 4 | required: "Jump in at the back float or tread wat the water; then swim a and exit the water." This water competency to | combined, this ADDITION, ie deep end, then return er for at least 1 minute; at least 25 yards to the cast is required to maintaining in deep water thro | n to the surface; then ; then turn around in other end of the pool ain safety since the |

If you are unfamiliar with the names of the strokes & skills, check on Google or YouTube.

PLEASE READ ALL THE FOLLOWING IMPORTANT INFORMATION CAREFULLY.

GENERAL PROGRAM & REGISTRATION INFORMATION

CLASS REGISTRATION:

- A <u>SIGNED</u>, AND <u>COMPLETED</u> FALL-WINTER REGISTRATION FORM FOR THE CURRENT SCHOOL YEAR (2024-25) IS REQUIRED FOR A STUDENT TO PARTICIPATE IN THE PROGRAM.
- THE REGISTRATION FEE IS A PER PARTICIPANT FEE FOR EACH SESSION TO BE PAID TO COMPLETE REGISTRATION. ONCE CLASS DATES & TIMES HAVE BEEN CONFIRMED, THE SESSIONS BEING CONFIRMED WILL ONLY BE HELD UNTIL THE PAYMENT DEADLINE. THE CHILD IS NOT ELIGIBLE TO PARTICIPATE UNTIL THE REGISTRATION FORM & PAYMENT HAVE BEEN RECEIVED.
- AMPLE REGISTRATION WILL BE NEEDED TO RUN ANY LEVEL. SOME LEVELS MAY BE COMBINED. REGISTERED PARTICIPANTS WILL BE NOTIFIED OF CANCELED OR RESCHEDULED CLASSES. SCHEDULE MAY BE SUBJECT TO CHANGE.
- PRESCHOOL (PA) PROGRAM LESSONS ARE FOR CHILDREN 3 6 YEARS OF AGE, & GRADE SCHOOL (LTS) LEVELS 1-6 REQUIRE THE PARTICIPANT TO BE AT LEAST 6 YEARS OF AGE AND COMPLETED KINDERGARTEN. (EXCEPTIONS ONLY BY APPROVAL PRIOR TO REGISTRATION.) A CAREGIVER IN THE WATER WITH EACH CHILD IS RECOMMENDED FOR PRESCHOOL & STUDENTS IN LTS LEVEL 1. INSTRUCTORS MAY MAKE RECOMMENDATIONS RE IN-WATER CAREGIVERS AFTER FIRST CLASS.
- WE REQUEST THAT PARTICIPANTS BE REGISTERED AND PAID PRIOR TO THE FIRST DAY OF EACH SESSION. SPACE IS LIMITED. BY DISCRETION OF THE PROGRAM COORDINATOR, LATE APPLICANTS MAY BE ACCEPTED ONLY IF ROOM IS AVAILABLE. THE PROGRAM COORDINATOR AND INSTRUCTORS RESERVE THE RIGHT TO REASSIGN ANY PARTICIPANT REGISTERED FOR AN INCORRECT LEVEL BASED UPON THE PARTICIPANT'S PERFORMANCE IN THE WATER. IF THE LEVEL IS CLOSED, THE PARTICIPANT WILL RECEIVE A CREDIT FOR A LATER SESSION. PLEASE CHECK THE PREREQUISITES TO BE SURE PARTICIPANTS ARE REGISTERED FOR THE CORRECT LEVEL. NEW PARTICIPANTS AND PRIOR PARTICIPANTS WHO HAVE NOT RECENTLY PARTICIPATED, MAY REQUEST AN IN PERSON SCREENING.
- WHILE A REMINDER MAY BE SENT, PARENTS NEED TO BE KNOWLEDGEABLE OF THE SESSION DATES & TIMES FOR WHICH THEIR CHILD IS REGISTERED KNOWING WHEN EACH SESSION BEGINS AND ENDS.

REFUNDS, CREDITS & MAKE-UPS:

- ANY REFUNDS, IF REQUIRED, WILL BE ISSUED AS A CREDIT. REGISTRATION FEES CANNOT BE ADJUSTED TO ACCOMMODATE MISSED
 CLASSES DUE TO ILLNESS, VACATIONS, CONFLICT WITH OTHER EVENTS OR ACTIVITIES, AND ETC. PARTICIPANTS REGISTERED FOR AN
 INCORRECT LEVEL WHO CANNOT BE ACCOMMODATED WILL RECEIVE A CREDIT.
- NO INDIVIDUAL MAKEUPS WILL BE SCHEDULED. MAKEUPS FOR ANY SCHEDULED CLASSES WHICH ARE CANCELED DUE TO THE SCHOOL CLOSING OR FOR THE POOL'S UNAVAILABILITY MAY OR MAY NOT BE SCHEDULED DEPENDING ON POOL AVAILABILITY.

ARRIVAL:

- ALL CLASSES WILL BE HELD AT THE WARREN G. HARDING NATATORIUM, 860 ELM ROAD NE, WARREN OH 44483. ENTER THROUGH THE DESIGNATED DOOR & FOLLOW THE SIGNAGE TO THE POOL.
- PLAN TO ARRIVE 5-10 MINUTES BEFORE THE CLASS IS SCHEDULED TO START. NOTE: ENTERING THE BUILDING MAY NOT BE POSSIBLE IF YOU ARRIVE AFTER THE DESIGNATED TIME.
- LOCKER ROOMS WILL BE AVAILABLE FOR CHANGING AND TOILETING, IF NEEDED. IT IS RECOMMENDED TO WEAR A SWIMSUIT TO CLASS & ALSO TO USE THE TOILETS BEFORE CLASS.

READY FOR LESSONS:

- PARTICIPANTS MUST REMAIN WITH THEIR "FAMILY GROUP" UNTIL CALLED FOR LESSONS.
- A SNUG-FITTING T-SHIRT OR RASH-GUARD SHIRT MAY BE WORN IF THE PARTICIPANT IS COLD IN THE WATER.
- PARTICIPANTS SHOULD NOT WEAR "WATER-SHOES" DURING LESSONS AS A CORRECT KICK WILL BE DIFFICULT TO ACCOMPLISH.
- GOGGLES (COVERING ONLY THE EYES) MAY BE WORN DURING LESSONS, BUT NO FACE-MASKS (COVERING NOSE AND EYES) ARE PERMITTED.

SOME GENERAL POOL RULES FOR PARTICIPANTS & FAMILY MEMBERS:

- REMAIN AWAY FROM THE WATER (POOL) UNTIL INSTRUCTED TO ENTER.
- DO NOT RUN. DO NOT WALK OR STAND ON THE METAL BENCHES OR BLEACHERS. DO NOT PLAY ON THE HANDRAILS BY THE GLASS DOORS, IN THE STANDS, OR BY THE LOCKER ROOMS. NO OBJECTS IN MOUTH SUCH AS CANDY, GUM, ETC. WHEN ENTERING THE POOL.

NOTE: PARENTS ARE RESPONSIBLE TO SUPERVISE THEIR CHILDREN UNLESS THE CHILD IS WITH AN INSTRUCTOR IN CLASS.

| Confirm | nation # | Returning | <u> </u> | Pagietra | etion Form fo | r Marron | City S | chan | اد | | |
|---|---|---|---|--|--|---|------------|------------------|------------------|----------------------|--|
| F24W | | New | Registration Form for Warren City Schools American Red Cross Learn-To-Swim Program Fall & Winter 2024-25 | | | | | | | | |
| | | _ | | | | | | | | | |
| | PLEASE COMPLETE ONE FORM FOR EACH INDIVIDUAL ENROLLED ★PLEASE PRINT ALL INFORMATION CLEARLY.★ | | | | | | | | | | |
| STUDEN | | | | | | | | | | | |
| NAM | - | ΓΝΑΜΕ | | FIRST NAME | BIRTHDATE | | AGE | SEX | CRAD | E 24-25 SCHYR | |
| ADDRES | | INAIVIE | | FIRST IVAIVIE | DIKTRUATE | | AGE |)EV | CHADE 24 25 SCIT | | |
| | | | | | | | | | | | |
| | _ | JSE NUMBER & | STREET | CI | CITY | | P | SCHOOL NAME-FALL | | /IE-FALL 2024 | |
| PARENT NAMES | S | | | | | | | | | | |
| | LAS | ΓΝΑΜΕ | | FIRST NAMES | PRIMARY (CEI | PRIMARY (CELL) PHONE | | ALTERNATE PHONE | | | |
| EMAIL | | | | | | EMAIL NAME | | | | | |
| | -NICV | | | | | (RELATION) | | | | | |
| EMERGE | | | | | | | | | | | |
| | L | AST NAME | | FIRST NAME | RELATIONSHII |) | 1 | PHONE | | | |
| | | | | | | | | | | | |
| A PARENT I CERTIFY T LESSONS A CATEGORY | THAT I HAVE ND I AGREE FOR THE PE | UARDIAN'S SIGI READ ALL INFOR TO ABIDE BY T ROGRAM IN WH DENTS, INJURIE | NATURE IS REQUI RMATION IN THIS THE RULES AND RE TICH HE/SHE IS RE S OR ILLNESSES TH | VITH IN-WATER CAREGIVER CRED FOR ALL PARTICIPANTS LE REGISTRATION DOCUMENT CO EGULATIONS OF THE FACILITY GISTERED. I WILL NOT HOLD THAT MIGHT OCCUR TO ME OR I | SSS THAN 18 YEARS OF THE WARREN CITY SCIENCE OF INSTRUCTION. I CONTROL OF THE WARREN CITY SCIENCE OF T | F AGE. THAT PARTICIPA ERTIFY THAT PAI | RTICIPANT | FALLS W | /ITHIN THE | CORRECT AGE | |
| | | | | | | | | | | | |
| #1 Indic #2 Indic #3 Emai | ate the da ate the co il the com | ays of the ap orrect level S pleted & sigr | EE: <i>Determinir</i> ned form (ONL | ON: ion(s) listed below. ing the correct class and in the correct class | enthal@redcross. | | | | el below | <i>1</i> . | |
| #1: SE | SSION RE | GISTRATIO | N FALL – | #1: SESSION REGIS | TRATION | #2 LEV | | | | | |
| | CI | HOOSE AT LEA | ST 1 BELOW | WINTER - CHOOSE A | T LEAST 1 BELOW | _ | CHOC | | OR | CHOOSE 1 | |
| SESSION | DATES | MV | w TT | SESSION DATES | MW TT | | N | | | Ψ | |
| FALL1 | SEP 3 – SE | P 26 | | WIN1 JAN 6 – JAN 2 | 23 | LTS LEV | 1 [| LT | S LEV3 | | |
| FALL2 | SEP 30 - 0 | Ост 24 | | WIN2 JAN 27 – FEB | 13 | LTS LEV | 2 | LT | S LEV4 | | |
| FALL3 | Ост 28 — | Nov 21 | | WIN3 FEB 17 – MA | R 6 | PRE | | Pri | vate | | |
| FALL4 | DEC 2 – D | EC 19 | | | | SCHOOL | - <u> </u> | Le | ssons) | | |
| | | N: INDICATE | | TIMES REQUESTED BELO | W IF CHOSING | BE SURE PREREQUI | | CHEC BEFOR | | | |

Did you complete all the required information? Did you sign the form?

REMEMBER FORM & PAYMENT MUST BE RECEIVED BY THE DEADLINE INDICATED FOR DISCOUNTED FEES. SEE
"EARLY BIRD" & "7-SESSION" REGISTRATION SAVINGS on page 1.

THIS SECTION.

SWIMMING LEVEL.

NEW? REQUEST A SCREENING TO DETERMINE