

RED CROSS LEARN-TO-SWIM LESSONS FOR STUDENTS AGES 3 THRU 14 YEARS*

(*CHECK WITH COORDINATOR FOR AGE VARIATIONS AND SPECIAL NEEDS.)

YOUR CHILD CAN "MAKE A SPLASH" IN 2022-2023!

CLASSES BEGIN SEPTEMBER 19TH

★FALL & WINTER SESSIONS \$35 PER CHILD PER SESSION.★

FALL & WINTER SESSIONS & DATES				REGISTRATION & CLASS INFORMATION				
FALL SESSIONS	DAYS	DATES	NOTES	CLASS DAYS & TIMES: EACH SESSION CONSISTS OF 6 40-MINUTE CLASSES (5:00-5:40 & 5:45-6:25) WHICH MEET ON MONDAYS & WEDNESDAYS AND TUESDAYS & THURSDAYS. THE SPECIFIC CLASS TIME WILL DEPEND ON THE AGE AND ABILITY OF THE STUDENT.				
FALL 1	MON & WED TUE & THU	SEP 19 – OCT 5 SEP 20 – OCT 6						
FALL 2	MON & WED TUE & THU	OCT 10 – OCT 26 OCT 11 – OCT 27						
FALL 3	MON & WED TUE & THU	OCT 31 – NOV 9 NOV 1 – NOV 10	NOV 2 NO CLASSES SCHOOL NOT IN SESSION					
FALL 4	MON & WED TUE & THU	NOV 28 – DEC 14 NOV 29 – DEC 15						
WINTER SESSIONS	DAYS	DATES	NOTES	See page 2 for Level prerequisites	M & W	T & T		
WINTER 1	MON & WED TUE & THU	JAN 2- JAN 18 JAN 3 – JAN 19	JAN 16 NO CLASSES MLK JR HOLIDAY	LTS 1	5:45-6:25*	5:00-5:40*		
WINTER 2	MON & WED TUE & THU	JAN 23 – FEB 8 JAN 24 – FEB 9		LTS 2	5:45-6:25*	5:00-5:40*		
WINTER 3	MON & WED TUE & THU	FEB 13 – MAR 2 FEB 14 – MAR 3	FEB 20 NO CLASSES PRESIDENTS' DAY	LTS 3	**Not scheduled	5:45-6:25		
SPRING REGISTRATION BEGINS TBA				SPRING INTEREST & AVAILABILITY SUBMISSION WILL BEGIN IN JANUARY & REGISTRATION IN FEBRUARY				
SPRING SESSIONS	DAYS	DATES TENTATIVE	*Multi-level group **Currently not scheduled. Best to enroll in the T&T classes. If that is not possible, contact Jay. Note about in-water caregivers: While not currently required in-water caregivers are still being RECOMMENDED with children in Preschool (PA) and LTS Levels 1 & 2 classes especially with those who are unable to stand safely on the platforms. ★ PRIVATE LESSONS ARE AVAILABLE: \$20 PER ½ HOUR CONTACT INFORMATION: JAY.ROSENTHAL@REDCROSS.ORG					
SPRING 1	MON & WED TUE & THU	APR 3 – APR 27 APR 4 – APR 28						
SPRING 2	MON & WED TUE & THU	MAY 1 – MAY 17 MAY 2 – MAY 18						

Registration/Payment Information

IMPORTANT REGISTRATION/PAYMENT DATES & DEADLINES:

- Monday, September 7 – All registration/payments begin and will continue throughout the year.

PAYMENT BY CREDIT CARD VIA PHONE

- Before calling the school to make a payment, you will need to:
 - Call Jay (330-883-0821) to receive your registration number and confirm your classes. You will not be able to make a payment unless you have your intended enrollment confirmed first.
 - Call Warren G. Harding High School (BOOKROOM: 330-841-2316 x 2167), to pay by credit card. A registration number is needed. **NO IN-PERSON PAYMENTS WILL BE ACCEPTED AT THE BOOKROOM.**
 - Bring the registration form (last page of this document) and receipt of payment to your first class.

IN PERSON PAYMENT BY MONEY ORDER (September 12-15 at the school between 5:00 and 6:00 pm by APPOINTMENT ONLY)

- Before coming to the school to register and pay, you will need to:
 - Call Jay (330-883-0821) to make an appointment and receive your registration number.
 - Purchase your money order. (Payable to Warren City Schools)
 - Print, complete and sign the registration form (last page of this document).

Determining the correct class and level for an individual

CLASS	INDIVIDUAL (UNLESS GIVEN PERMISSION) MUST
Individual is 5 years or younger,	enroll in a Preschool Aquatics class
Individual has not completed Kindergarten,	enroll in a Preschool Aquatics class
Individual is 6 years or older and has completed Kindergarten,	enroll in a Preschool Aquatics OR a Learn-to-Swim class
Individual is 6 – 14 years old,	enroll in a Learn-to-Swim Aquatic class

LEVEL	SWIMMING PREREQUISITES <i>Note that in addition to the time/distance prerequisites are skill standards which must be met.</i>
LTS LEVEL 1	No prerequisites
LTS LEVEL 2	5 bobs, hold breath underwater 5 sec, back float 5 sec, swim 2 body lengths on front (face in water), swim 2 body lengths on back, turn over front to back and back to front
LTS LEVEL 3	10 bobs, hold breath underwater 10 sec, back float 15 sec, swim 5 body lengths on front (face in water and rhythmically breathing), swim 5 body lengths on back, turn over front to back and back to front, change direction swimming on back and front, tread water 15 sec, jump into chest-deep water
LTS LEVEL 4	Rotary breathing 15 times, front survival float 30 sec, back float 1 min, tread water 1 min, front crawl 15 yards, elementary backstroke 15 yards, breaststroke kick 15 yards, scissors kick 15 yards, dolphin kick on front 5 body lengths, sitting and kneeling dives
LTS LEVEL 5	Underwater swim 5 body lengths, survival swimming 1 minute, feet-first surface dive, front and back crawl open turns, tread water 2 minutes, front crawl and elementary backstroke 25 yards, breaststroke, butterfly, sidestroke and back crawl 15 yards each, compact and stride position dives
LTS LEVEL 6	Tuck and pike surface dives, front and backstroke flip turns, tread water 5 minutes, tread water 2 minutes legs only, front crawl and elementary backstroke 50 yards, breaststroke, butterfly, backcrawl and side stroke 25 yards each, standard back scull 30 sec, shallow angle dive
PRESCHOOL AQ 1	No prerequisites
PRESCHOOL AQ 2	Blow bubbles 3 sec, hold breath underwater 3 sec, back float 3 sec, swim 2 body lengths on front (face in water), swim 2 body lengths on back
PRESCHOOL AQ 3	5 bobs, back float 15 sec, roll from back to front and front to back, tread water 15 sec, jump into chest-deep water, swim 3 body lengths on front and back

Parent & Child Aquatics - Preschool Aquatics - Learn to Swim – Adult Swim Programs

The 4 programs listed above represent the most current programs offered by the Red Cross to teach people water safety and swimming.
American Red Cross Parent and Child Aquatics (2 levels) is designed for children between the ages of 6 months and approximately 3 years, and their parents. The purpose of the course is to familiarize children with the water and teach swimming readiness skills. In addition, Red Cross Parent and Child Aquatics provides safety information for parents and teaches parents techniques they can use to help orient their children to the water.
American Red Cross Preschool Aquatics (3 levels) is designed for children approximately 4 and 5 years of age. The purpose of the course is to facilitate developmentally appropriate learning of fundamental water safety and aquatic skills
The objectives of the American Red Cross Learn-to-Swim courses (6 levels) are to teach children to be safe in, on and around the water and to swim well. Aquatic and personal water safety skills are taught in a logical progression through six levels. Participants in Level 1 are oriented to the aquatic environment and gain some basic skills in each category. As they progress through the levels, participants build on their basic skills to learn and refine various propulsive movements on the front, back and side. On successful completion of Level 3, participants have achieved basic water competency in a pool environment. By the end of Level 6, participants have the prerequisite skills and have developed the necessary skill and fitness levels for entrance into advanced courses, such as Water Safety Instructor and Lifeguarding, or other aquatic activities such as competitive swimming and diving

If you are unfamiliar with a stroke or skill, consider “Googling” it on the internet. There are many examples demonstrating them on YouTube.

PLEASE READ ALL THE FOLLOWING IMPORTANT INFORMATION CAREFULLY.

GENERAL PROGRAM & REGISTRATION INFORMATION

CLASS REGISTRATION:

- A SIGNED, AND COMPLETED REGISTRATION FORM FOR THE CURRENT SCHOOL YEAR (2022-23) IS REQUIRED FOR A STUDENT TO PARTICIPATE IN THE PROGRAM.
- THE REGISTRATION FEE IS A PER PARTICIPANT FEE FOR EACH SESSION TO BE PAID TO COMPLETE REGISTRATION. THE CHILD IS NOT ELIGIBLE TO PARTICIPATE UNTIL REGISTRATION FORM & PAYMENT HAVE BEEN RECEIVED.
- AMPLE REGISTRATION WILL BE NEEDED TO RUN ANY LEVEL. SOME LEVELS MAY BE COMBINED. REGISTERED PARTICIPANTS WILL BE NOTIFIED OF CANCELED OR RESCHEDULED CLASSES. SCHEDULE MAY BE SUBJECT TO CHANGE.
- PRESCHOOL (PA) LESSONS ARE FOR CHILDREN 3 - 6 YEARS OF AGE. A CAREGIVER IN THE WATER WITH EACH CHILD IS RECOMMENDED. **LTS** LEVELS 1-6 REQUIRE THE PARTICIPANT TO BE AT LEAST 6 YEARS OF AGE AND COMPLETED KINDERGARTEN. (EXCEPTIONS ONLY BY APPROVAL PRIOR TO REGISTRATION.) A CAREGIVER IN THE WATER WITH EACH CHILD IS RECOMMENDED FOR STUDENTS IN LEVELS 1 & 2. INSTRUCTORS MAY MAKE RECOMMENDATIONS RE IN-WATER CAREGIVERS AFTER FIRST CLASS.
- WE REQUEST THAT PARTICIPANTS BE REGISTERED AND PAID PRIOR TO THE FIRST DAY OF EACH SESSION. SPACE IS LIMITED. BY DISCRETION OF THE PROGRAM COORDINATOR, LATE APPLICANTS MAY BE ACCEPTED ONLY IF ROOM IS AVAILABLE. THE PROGRAM COORDINATOR AND INSTRUCTORS RESERVE THE RIGHT TO REASSIGN ANY PARTICIPANT REGISTERED FOR AN INCORRECT LEVEL BASED UPON THE PARTICIPANT'S PERFORMANCE IN THE WATER. IF THE LEVEL IS CLOSED, THE PARTICIPANT WILL RECEIVE A CREDIT FOR A LATER SESSION. PLEASE CHECK THE PREREQUISITES TO BE SURE PARTICIPANTS ARE REGISTERED FOR THE CORRECT LEVEL. NOTE THAT THE PRESCHOOL (PA) AND LEARN TO SWIM (LTS) LEVELS ARE NOT EQUIVALENT. (IE PA LEVEL 1 ≠ LTS LEVEL 1, PA LEVEL 2 ≠ LTS LEVEL 2, PA LEVEL 3 ≠ LTS LEVEL 3.)
- WHILE A REMINDER MAY BE SENT, PARENTS NEED TO BE KNOWLEDGEABLE OF THE SESSION DATES FOR WHICH THEIR CHILD IS REGISTERED KNOWING WHEN EACH SESSION BEGINS AND ENDS.

REFUNDS, CREDITS & MAKE-UPS:

- ANY REFUNDS, IF REQUIRED DUE TO CANCELLATION BY WARREN CITY SCHOOLS, WILL BE ISSUED AS A CREDIT. NO INDIVIDUAL MAKEUPS WILL BE SCHEDULED. REGISTRATION FEES CANNOT BE "PRORATED" TO ACCOMMODATE MISSED CLASSES DUE TO ILLNESS, VACATIONS, ETC. PARTICIPANTS REGISTERED FOR AN INCORRECT LEVEL WHO CANNOT BE ACCOMMODATED WILL RECEIVE A CREDIT.
- MAKEUPS FOR ANY CLASSES WHICH ARE CANCELED DUE TO THE SCHOOL CLOSING OR FOR THE POOL'S UNAVAILABILITY MAY NOT BE SCHEDULED.

ARRIVAL:

- ALL CLASSES WILL BE HELD AT THE WARREN G. HARDING NATATORIUM, 860 ELM ROAD NE, WARREN OH 44483. ENTER THROUGH THE DESIGNATED DOOR DISPLAYING YOUR PARTICIPANT PASS. FOLLOW THE SIGNAGE TO THE POOL.
- PLAN TO ARRIVE 5-10 MINUTES BEFORE THE CLASS IS SCHEDULED TO START. NOTE: ENTERING THE BUILDING MAY NOT BE POSSIBLE IF YOU ARRIVE AFTER THE CLASS HAS STARTED.
- LOCKER ROOMS WILL BE AVAILABLE FOR CHANGING AND TOILETING, IF NEEDED. IT IS RECOMMENDED TO WEAR A SWIMSUIT TO CLASS.

READY FOR LESSONS:

- PARTICIPANTS MUST REMAIN WITH THEIR "FAMILY GROUP" UNTIL CALLED FOR LESSONS.
- A SNUG-FITTING T-SHIRT OR RASH-GUARD SHIRT MAY BE WORN IF THE PARTICIPANT IS COLD IN THE WATER.
- PARTICIPANTS SHOULD NOT WEAR "WATER-SHOES" DURING LESSONS AS A CORRECT KICK WILL BE DIFFICULT TO ACCOMPLISH.
- GOGGLES (COVERING ONLY THE EYES) MAY BE WORN DURING LESSONS, BUT NO FACE-MASKS (COVERING NOSE AND EYES) ARE PERMITTED.

SOME GENERAL POOL RULES FOR PARTICIPANTS & FAMILY MEMBERS:

- REMAIN AWAY FROM THE WATER (POOL) UNTIL INSTRUCTED TO ENTER.
- DO NOT RUN. DO NOT WALK OR STAND ON THE METAL BENCHES OR BLEACHERS. DO NOT HANG ON THE HANDRAILS BY THE GLASS DOORS OR BY THE LOCKER ROOMS. NO OBJECTS IN MOUTH SUCH AS CANDY, GUM, ETC. WHEN ENTERING THE POOL.

NOTE: PARENTS ARE RESPONSIBLE TO SUPERVISE THEIR CHILDREN UNLESS CHILD IS WITH AN INSTRUCTOR IN CLASS.

• PLEASE COMPLETE, SIGN AND BRING THIS FORM TO THE FIRST CLASS ALONG WITH RECEIPT OF PAYMENT.

Confirmation # _____

**Registration Form for Warren City Schools
Red Cross Learn-To-Swim Program Fall & Winter 2022-2023**

Participant is
() Returning
() New

PLEASE COMPLETE **ONE FORM FOR EACH INDIVIDUAL ENROLLED**


*PLEASE **PRINT** ALL INFORMATION **CLEARLY**.*

STUDENT NAME								
	LAST NAME	FIRST NAME	BIRTHDATE	AGE	SEX	GRADE 22-23 SCHYR		
ADDRESS								
	HOUSE NUMBER & STREET		CITY	ST	ZIP	SCHOOL NAME-FALL 2022		
PARENT' NAMES								
	FIRST NAME	LAST NAME	PRIMARY (CELL) PHONE		ALTERNATE PHONE			
EMAIL					EMAIL NAME (RELATION)			
EMERGENCY CONTACT								
	FIRST NAME	LAST NAME	RELATIONSHIP		PHONE			

MEDICAL & SPECIAL NEEDS INFORMATION:
 DOES THE PARTICIPANT HAVE ANY MEDICAL OR LEARNING CONDITIONS OF WHICH THE INSTRUCTORS SHOULD BE AWARE? (ADHD, AUTISM, ASTHMA, SEIZURES, ETC.)
 CHECK ONE: NO YES IF YES, PLEASE EXPLAIN: _____

PARTICIPANTS INCLUDE: CHILD ALONE CHILD & CAREGIVER (**RECOMMENDED FOR LTS LEVELS 1 & 2 & ALL PRESCHOOLERS**)

A PARENT OR LEGAL GUARDIAN'S SIGNATURE IS REQUIRED FOR ALL PARTICIPANTS LESS THAN 18 YEARS OF AGE.
 I CERTIFY THAT I HAVE READ ALL INFORMATION IN THIS REGISTRATION DOCUMENT AND OTHERS ATTACHED TO THE PRE-REGISTRATION EMAIL COMPLETELY. I CERTIFY THAT PARTICIPANT IS PHYSICALLY ABLE TO TAKE SWIMMING LESSONS AND I AGREE TO ABIDE BY THE RULES AND REGULATIONS OF THE FACILITY OF INSTRUCTION. I CERTIFY THAT PARTICIPANT FALLS WITHIN THE CORRECT AGE CATEGORY FOR THE PROGRAM THAT HE/SHE IS REGISTERED. I WILL NOT HOLD THE WARREN CITY SCHOOLS, AMERICAN RED CROSS OR THE AQUATIC PERSONNEL RESPONSIBLE FOR ACCIDENTS, INJURIES OR ILLNESSES THAT MIGHT OCCUR TO ME OR MY CHILD.

 SIGNATURE PARTICIPANT/ PARENT/GUARDIAN: _____

1 - INDICATE YOUR SESSION(S) ("X")

FALL PROGRAM 2021-2022				WINTER PROGRAM 2021-2022			
SESSION	CLASSES	DATES	"X"	SESSION	CLASSES	DATES	"X"
1	MON & WED	SEP 19 – OCT 5	()	1	MON & WED	JAN 2 – JAN 18	()
	TUES & THUR	SEP 20 – OCT 6	()		TUES & THUR	JAN 3 – JAN 19	()
2	MON & WED	OCT 10 – OCT 26	()	2	MON & WED	JAN 23 – FEB 8	()
	TUES & THUR	OCT 11 – OCT 27	()		TUES & THUR	JAN 24 – FEB 9	()
3	MON & WED	OCT 31 – NOV 16	()	3	MON & WED	FEB 13 – MAR 1	()
	TUES & THUR	NOV 1 – NOV 17	()		TUES & THUR	FEB 14 – MAR 2	()
4	MON & WED	NOV 28 – DEC 14	()				
	TUES & THUR	NOV 29 – DEC 15	()				

2 - INDICATE THE LEVEL ("X")

LEVELS	"X"	LEVELS	"X"
LTS LEVEL 1	()	LTS LEVEL 5	()
LTS LEVEL 2	()	LTS LEVEL 6	()
LTS LEVEL 3	()	PA LEVEL 1-2	()
LTS LEVEL 4	()	PA LEVEL 3	()

CLASS TIMES			NOTE THAT LTS LEV3 IS ONLY AVAILABLE ON TT. PLEASE CONTACT JAY IF THIS IS A CONFLICT.
TIME	M&W LEVELS	T&T LEVELS	
5:00-5:40	LTS LEV 4-6	LTS 4-6	
5:00-5:40		LTS LEV 1-2	
5:45-6:25	LTS LEV 1-2 & PA	LTS LEV 3	
5:45-6:25		PA	

ALL CLASSES ARE \$35 PER CHILD PER SESSION. PRE-REGISTRATION IS REQUIRED BEFORE PAYMENT CAN BE MADE. CONTACT JAY AT 330-883-0821.