

WHAT SUMMER SWIM 2021



W HARDING



WHAT?

Warren
Harding
Aquatics
Team

Contact info:
Head Coach:
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Our Summer Session will begin **Monday, June 14th** and continue thru
Thursday, August 6th.

Practice Schedule:

Mon., Wed. & Fri. 7:30 A.M.—9:00 A.M.

Tues. & Thurs. 5:00 P.M.—6:30 P.M.

Developmental Swim Team: This group will focus on the refinement of the four competitive swim strokes, starts, turns, and finishes. As well as preparing swimmers to participate in Summer U.S.A swim meets.

Advanced Conditioning: We will also offer a conditioning group, that will focus on aerobic, anaerobic and sprint training. Swimmers in this group must be able to read a swim practice and use a time clock to manage rest intervals. All U.S.A swimmers will be welcome to join the WHAT team at USA meets.

This session will depend upon interest.

We will need a minimum of 20 swimmers to run this session.

Summer Swimming Options:

Developmental Swimming
Advanced Conditioning

Summer Fees:

\$175
\$175

As always private lessons are available upon request for \$20 a half hour.

WWW.WARRENSWIMMING.ORG

2021 SUMMER

PERSONAL INFORMATION

LAST

M. INITIAL

FIRST

NAME: _____ B/D _____

_____ B/D _____

_____ B/D _____

ADDRESS: _____ ZIPCODE _____

CITY: _____ SCHOOL _____

HOME PHONE #: _____ E-MAIL: _____

EMERGENCY#: _____ NAME _____

FATHER'S NAME: _____ CELL: _____

MOTHER'S NAME: _____ CELL: _____

INSURANCE CARRIER: _____

ACTIVITIES OUTSIDE SWIMMING: _____

HAVE YOU BEEN ON ANOTHER USA/YMCA TEAM LAST YEAR? _____ IF YES, INDICATE THE LAST
USA MEET YOU ATTENDED AND DATE _____

ACCOUNTING INFORMATION:

GROUP: _____

CASH _____ CHECK # _____

FEES: _____

PAYABLE TO "WHAT"

USA CARD: \$ _____ X _____ SWIMMER(S) = _____

TOTAL AMOUNT DUE: _____

MAIL TO THE FOLLOWING:

220 North Rd. Se

Warren, Oh 44484