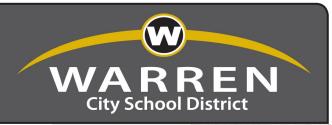
LINCOLN PK-8 Newsletter



<u>READING</u>

Along with "Read Across America", March is also an opportunity to celebrate and embrace **reading**! Lincoln PK-8 students engage in reading and writing activities in a variety of ways every day. Guest readers from the United Way will be joining K-2 classrooms in March to read aloud favorites for fun. Please encourage reading at home too. Take a few minutes each day and try one of these:

*Read food labels and talk about the information with your child.

*Take time to read with your child every evening. This is great snuggle time too!

*Share interesting things that you've read, or books that you liked, with your child.

*Make a visit to the Library—it's full of wonderful books as well as other great resources and programs!!

Don't' forget that we "spring forward" and move our clocks ahead one hour <u>Sunday, March 10th</u> for Daylight Savings!





Lincoln Pantry

The Lincoln Pantry is open daily from 2-3:30 pm. There are LOTS of items available to students and families. Many thanks to Second Harvest Food Bank and our generous donors for keeping the pantry well stocked.

To avoid getting sick, here are some helpful tips for you and your child:

- Wash your hands often with soap and water. (This is much better than hand sanitizer.)
- Cough and sneeze into a tissue (and throw it away) or into a sleeve.
- Avoid touching eyes, nose, and mouth.



Did you miss the first Kindergarten Registration? The next one is on 3/14 from 2-6 pm at Lincoln.



Title 1 Annual Meeting: Parents and

guardians are invited to attend the Lincoln Title 1 Annual Meeting on Thursday, March 7 at 10:00 am at the start of our

Kindergarten Family Program. Learn how Lincoln school utilizes Title 1 funds to

provide a variety of services and supports for students and families. We welcome your

input!

Lincoln Rock Stars are W.A.R.R.E.N. Strong!

Work Ethic Accountability Respect Responsibility Effective Behaviors No Excuses

March K-5 SEL Focus:

*Dealing With Diversity

(further information available in the Academic Updates on our webpage)



TT	NCOLN PK-8
IRS. PYTLIK	PK-2 PRINCIPAL
IRS. BURNS	3-5 PRINCIPAL
IR. DESANTIS	6-8 PRINCIPAL
IRS. LATESSA	SPECIAL EDUCATION
IRS. MARINO	SCHOOL IMPROVEMENT

2253 Atlantic Avenue, NE Warren, OH 44483

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www.warrenschools.k12.oh.us

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		•^ <mark>()</mark> () •^			1	2
3	4	5 All City Choir @ 6:30 pm 3rd & 4th Grade After School Program	6 NO SCHOOL Waiver Day	7 KGN Family Event 3rd & 4th Grade After School Program	8	9
10 spring forward don't forget to set your clock forward this Sunday	11 Book Fair	12 3rd & 4th Grade After School Program Book Fair	13 3rd & 4th Grade After School Program Book Fair	14 KGN Registration 2-6 pm Book Fair	15 End of 3rd Nine Weeks Book Fair	16
17	18 Book Fair	19 3rd & 4th Grade After School Program Book Fair	20 Sing the second seco	21	22 Report Cards Mailed Home	23
24	25	26 3rd & 4th Grade After School Program	27 <u>Last Day After</u> School Program For 3rd & 4th	28 PK-2 Lincoln Readers & Writers Rock	29	
31			Graders			

Counselor's Corner- March 2019

Mrs. Barbara Guliano MS Ed. LSC <u>barbara.guliano@neomin.org</u> or <u>Mrs. Jodi A. Brown jodi.a.brown@neomin.org</u> (330) 373-4500 × 4112

March 16 is "Everything You Do is Right Day". It just might be the perfect day! Life is filled with ups and downs. Some days are good days. Some days are bad days. Most often, there's both good and bad in every day. You take life's ups and downs with a grain of salt. Every once in a while, a day comes along where everything you do goes well...the perfect day! Today is going to be your day...make it a great one!



I don't take success and failure seriously. The only thing I do seriously is march forward. If I fall, I get up and march again.

17 17 171

What's Happening in the Classrooms?

- Ms. Cathy Loomis from Compass and Family Community Services is providing lessons to 3rd graders which highlight topics such as goal setting, decision making, effective communication, and the effects of drugs and alcohol.
- As always, we conduct mediations with students to discuss situations and how to resolve conflicts in the future.
- Third grade classrooms are learning about first impressions and kindness to others.



Counselor's Corner- March 2019

Mrs. Trisha DiCesare MS Ed. LSC (330) 373-4500 x.4241 <u>trish.dicesare@neomin.org</u>

March 9th is <u>NATIONAL GET OVER IT DAY!</u> Just as it implies, National Get Over It Day is a day to do exactly that, *GET OVER IT.* Has something trivial been weighing on your mind? Get over it and use #NationalGetOverItDay to post on social media.

What's happening in the classrooms?

LAST MONTH

- 5th Grade students worked on Assertiveness, Anticipating Consequences and Making Choices.
 6-8 Students are working on Thoughts, Emotions & Decisions.
- THIS MONTH....

63

- 5th Grade students we will be working on Solving Problems Collaboratively.
- 존 6-8 Students will be working on Serious Peer Conflicts. Making assumptions.

THROUGHOUT THE SCHOOL YEAR....

6-8 students are continuing work in the Naviance Curriculum to prepare them for college and career readiness!
 5TH -8TH Grades continue to receive lessons on drug education through our partnership with COMPASS.
 7th & 8th Grade Health classes will receive lessons on Healthv Relationships. Dating Violence Prevention. and Human

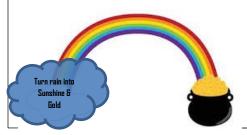


But 1 assumed that...

We all make assumptions. We do it all the time. These assumptions can be about pretty much anyone or anything.

It's so easy to think that we know what's going on in someone else's head. It's no problem for us to imagine that we understand why a person has taken a particular course of action. We don't really know; we make a guess based on our imagination, past experiences or wishful thinking. The problem with making assumptions is that more often than not, we're wrong. We assume that a person has a specific motivation for their actions or that an event took place for a specific reason. Then we start to see these incorrect assumptions as the truth!

BUT>>> If we just stop and do our own fact-checking before deciding that we know something, we'll avoid the trap of false assumptions and most likely prevent a lot of unnecessary difficulties for ourselves and others.



Teach the steps to problem solving @Home!

Once a problem has been identified, your child will need to be able to figure out what to do about it. There are a few basic problem steps:

> <u>Come up with some general solutions, strategies or responses to your problem</u>....

ASK: "What could you do about this?" "What else?" "Could something like this work_____

> <u>Select a possible solution</u>.....

ASK: "Which one do you think would be the best to try?"

> <u>Identify the steps required to solve the problem using the solution they</u> <u>picked</u>......

ASK: "If you try that solution, what all would you have to do?"

> <u>Check to make sure that solution is the best form the list they made</u>.....

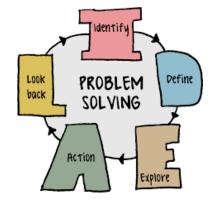
ASK: "When you look back at the other solutions, do you think this one is still the best one to try?"

Put the solution into action.....

SAY: "Ok now give it a try!"

> <u>Adjust your actions based on the results of trying your solution</u>......

ASK: "Does it seem to be working?" "Do you need to adjust the plan?" "Is it still the right solution?"







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Share strategies with your child to boost success on tests

The tests your child takes in school are an important way for her to show what she knows. Teach her these strategies to help her get every point she deserves. Tell your child to:

- **Pay attention to the directions.** Whether they are written or spoken, your child should make sure she understands the directions before she begins.
- Write down key facts. If she has struggled to memorize a formula, a date or the spelling of a word, your child should jot it down as soon as



she gets the test. Then she can refer to it when answering questions.

- **Read through all the questions before starting.** Then your child should answer all the questions she is sure of first. She can circle the ones she needs to come back to and spend more time answering.
- **Remember the true/false rule:** If any part of an answer is false, the whole answer is false.
- **Use multiple-choice strategies.** Your child can try to answer the question before looking at the choices. Or, she can eliminate the answers she knows are wrong, then choose among those that are left.
- Allow time to go back and double-check her answers.

March weather offers a variety of learning opportunities

In many parts of the country, March brings changeable weather—so it's a great time to explore wind, rain and other weather phenomena with your child. Try these ideas together:

- **Make wind chimes.** Help your child punch a hole in the bottoms of four clean, empty cans (make sure the edges are smooth). Then have him tie a knot at the end of four pieces of string. Thread one string through the hole in each can and tie the cans to a hanger. Hang the chimes outdoors. Have your child chart the days he hears the wind activate the chimes.
- **Measure the rain.** Help your child use a ruler to mark off each quarter inch on the side of a straight-sided jar. Put it outside. Keep track of the March rainfall.
- **Go online** to learn more about weather. Weather Wiz Kids (*www. weatherwizkids.com*) and The Old Farmer's Almanac for Kids (*www. almanac4kids.com/weather*) offer information and activities.

Bring geography home

To spark your child's desire to learn about places she hasn't yet seen:

• **Help her collect** items from distant places, such as postcards or stamps.



• **Go around your home** and talk about where various items are made. Help her locate the places on a map.

Celebrate notable women

It's Women's History Month. Consider your child's interests and help him find a biography of a famous woman to match. If your child likes:

- **Computers,** he might like a biography of Ada Lovelace, a British countess who was the first computer programmer.
- **Sports,** he may be interested in learning about track and field athlete Alice Coachman, the first African American woman to win an Olympic gold medal.
- **Animals,** he may enjoy reading about Jane Goodall, who lived and worked with chimpanzees in Tanzania.

Model smartphone limits

Today's parents use smartphones for just about everything. Research shows that this can lead to more stress and less time interacting with their children. Experts recommend that parents:



- Make mealtimes, bedtime and family downtime "no-device" times.
- **Enjoy activities** with their kids rather than trying to capture them in photos.
- **Wait until children** aren't around to use phones for tasks that may be stressful, like checking the news or email.

Source: J. Radesky, M.D. and M.A. Moreno, M.D., "How to Consider Screen Time Limits...for Parents," JAMA Pediatrics, niswc.com/smartphone.

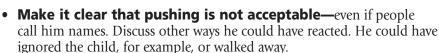


A My child is in trouble at school. How can I fix this?

Q: My fifth grader shoved another kid to the ground. As a result, he will be suspended for a day. I understand that this is the school policy. But my son says the other child called him bad names first. Should I try to get this decision overturned?

A: When kids make poor choices, what matters is the lessons they learn from them. Trying to remove the consequences of your son's action can teach the wrong lesson. Instead:

• **Talk with your child** about what happened. Does he admit that he pushed the other child? It is important that he learn to tell the truth about what he has done.



- **Say that if the name calling continues,** he should tell his teacher or the principal. If he won't, then you should. Repeated name-calling is a form of bullying, and the school needs to be aware of it in order to stop it.
- Let him experience the consequences. On the day of his suspension, have him study during the time he would have spent in school. At day's end, let him know that the incident is over, and that you love him.

Parent Do you encourage independent work?

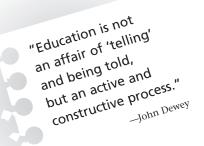
When your child struggles with schoolwork, does she immediately call on you for help? Building her self-reliance can help her achieve. Are you encouraging her to try to work things out herself? Answer *yes* or *no* below:

- ____**1. Do you tell** your child that you believe she can figure things out?
- __2. Do you help her break problems and projects down into smaller, more manageable pieces?
- **___3. Do you remind** her of all the things she has learned to do in the past?
- ____4. Do you ask questions to help her think instead of providing easy answers?
- **_5. Do you praise** your child when she solves a problem on

her own, even if you would have done it differently?

How well are you doing?

More yes answers mean you are teaching your child to be an independent learner. For each no, try that idea.



Review results to empower your child to improve

When your child brings home corrected tests, homework or projects from school, take time to review his work together. Discuss:

- **1. The things he did right.** Notice these first. Talk about what he did well, even if the grade is disappointing.
- 2. The teacher's comments.
- **3. The things he got wrong** and why he thinks he did. Does he need more practice with a skill? Did he misunderstand a question? Did he make careless errors?

Knowing why he got the results he did will help your child know what to do next time.

Pan for history gold on the internet

Have some fun as a family practicing internet research skills. Choose an event from



history and give family members 15 minutes to search for interesting facts about the event. After each person takes a turn, share what you learned. Vote for whose "nugget" of information turned out to be gold!

Four steps help students stop procrastinating

Don't let your child get into the habit of putting off homework until the last minute. This four-step process can give him a jump start. Have your child:

- **1. Choose just one assignment** to focus on.
- **2. Set a timer** for 20 minutes, and use the time to work on that assignment.
- **3. Avoid breaks** while the timer ticks.
- **4. Reward himself** with a quick break when the timer rings.

Encourage him to repeat the process until the homework is complete.

Helping Children Learn®

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Elementary School

Daily Learning Planner

Ideas parents can use to help children do well in school

Warren City Schools http://www.warrenschools.k12.oh.us



March 2019

- 1. Consider giving your child an allowance. Help her create a budget that includes spending, saving and donating.
- 2. Have your child help you make a family chore chart. Everyone can check off jobs as they are finished.
- 3. Encourage your child to write a letter to a lawmaker about an issue that matters to him.
- □ 4. Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
- □ 5. Find pictures of people in the newspaper. Ask your child to make up a story about each picture.
- □ 6. Talk about a familiar place with your child. Decide which direction it is from your home—north, south, east or west.
- 7. Come up with unique pizza toppings with your child. Who can think up the tastiest combination?
- □ 8. Have your child choose a news story and report on it at dinner.
- 9. Plan a later bedtime so everyone can read in bed tonight.
- 10. Remind your child that you enjoy her company and you love her.
- □ 11. Give your child ads with prices ending in 98 or 99 cents. How much would four of the items cost? Have him round off and estimate.
- □ 12. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
- 13. Write an encouraging note and tuck it in your child's jacket pocket or a school book.
- 14. Let your child see you reading. Then say, "Reading is so much fun!"
- 15. At dinner, pretend your family is in an opera. Sing everything you say to one another.

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- ☐ 16. With your child, set a timer for five minutes. Then, each of you start writing a story. When the timer rings, switch stories and finish them.
- □ 17. Pay your child a sincere, specific compliment.
- □ 18. Review math facts with your child.
- □ 19. Give your child a book or article to read about her favorite hobby.
- □ 20. Ask your child to design and name a new car.
- 21. At dinner, have family members share their favorite part of the day.
- 22. Talk with your child about the importance of telling an adult when a person is being bullied.
- 23. Help your child put on a talent show with his friends.
- 24. Ask your child to write to a friend or relative today.
- 25. Encourage your child to start a collection. Provide a place to keep it.
- 26. Have your child draw a picture of a scene from a book by a living author. Send it to the author in care of the book's publisher.
- 27. Together, think of several words that start with the same letter. Put them in a sentence that makes sense.
- 28. Encourage your child to take risks as long as they don't affect safety.
- 29. With your child, think of words that sound like what they mean, such as *buzz*, *smash*, *hiss* and *thump*. These are examples of *onomatopoeia*.
- 30. Visit the library. Help your child find a book about a famous woman.
- □ 31. How many words can your child think of to describe today's weather?





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Test preparation shouldn't stop when the test is over

Tests are an important way teachers, schools and school districts can see what students have learned. By middle school, most students are used to learning and studying *before* a test. But unless your child gets a perfect score every time, there is more he can learn from the tests he takes.

Educators agree that proper review *after* a test is one of the most effective ways to improve scores on future tests. When your child gets a graded test back, encourage him to:



- **Review his answers** and note which he got right and which he got wrong. Have him correct the wrong answers and make sure he understands them. If he isn't sure why an answer was marked wrong, he should ask the teacher.
- **Determine the types of errors** he made. Mistakes are generally caused by one of two things: carelessness or lack of preparation.
- **Adjust his study strategies.** Brainstorm with your child about ways to avoid careless mistakes—such as circling key words in questions, double-checking his answers, etc. For mistakes based on lack of preparation, the solution is probably more studying. Experts suggest that students begin to review five days before a test. The last day before a test should be spent reviewing a final time, not trying to learn new material.

Journals help students see the future

Most middle schoolers don't have a firm idea about what they want to do with the rest of their lives. But by sixth grade, it is helpful for kids to begin thinking about what they like and don't like, and what their strengths and struggles are. Writing in a journal is a great way to process these ideas.

Give your child a notebook, and encourage her to write down her thoughts about questions such as:

- What are my strengths in school?
- What are my weaknesses?
- What do I love doing outside school?
- What am I good at doing outside school?

- What do I like to learn about?
- What would I like to learn more about?
- What is important to me right now?

Ask your child to update the journal regularly. Over time, her ideas will change, and that's OK. But the things that don't change could provide clues to her future success.

Education is everywhere

Every meaningful experience can have an impact on your child's learning—from

shopping for groceries to seeing objects from the past in a museum. On your next family outing, challenge your child to think of ways the things he is seeing and doing relate to what he is learning in school.



Make organizing a routine

Your child's organization skills can make the difference between doing well and struggling in middle school. To help her make organization a regular part of studying:

- **Sit down together** each Sunday to plan the week ahead. Bring your family calendar and mark deadlines and events.
- **Have your child write** all assignments and activities in a planner.
- **Teach her to use** checklists to keep track of daily homework tasks and long-range project steps.
- **Have her choose** specific places to keep school belongings, and expect her to put her things away each evening.

Ride out the ups and downs

In addition to physical changes, adolescence brings many emotional changes. Your child may be experiencing:



- **Self-doubts.** Help him get past these episodes by praising him when he does well and catching him when he stumbles.
- **A desire for respect.** Honor your child's need to feel more grown up. Give him real responsibilities and allow him to make some decisions on his own.
- **A need for independence.** As he separates a bit from you, remember that he still needs your love and support.



My child wants me to stay away from school. Should I?

Q: I want to get involved at school. I thought that helping out in one of my child's classes could be good for both of us. But she says she'd be embarrassed. Should I volunteer, or not?

A: You don't want your involvement at school to sour your relationship with your child. However, there are many ways you can make a valuable contribution at school outside of the classroom. To pursue volunteering without making your child cringe:



• **Listen to her.** Sit down and ask her what she's feeling. "I realize you don't want me

volunteering in your class, but I'd like to know why. Is there something specific you are worried about?" When you listen to her concerns, remember the huge social pressure to fit in that middle schoolers feel.

- **Discuss her feelings.** "Are you afraid your friends will think you're weird if they see me at school?" If she says *yes*, have her put herself in their shoes. Would she think less of her friends if their parents came to school? Would she even notice?
- Work out a compromise. Respect your child's feelings. If after you've talked she is still nervous about having you in class, volunteer in another part of the school. Call the office to ask how you can help. And if you see your child while you're there, just give her a smile and walk away.

Parent Are you reinforcing healthy habits?

By this time in the school year, the positive habits your child established in September may have started to slip. Are you helping him stick with practices that support his health and success in school? Answer *yes* or *no* below:

- ____**1. Do you serve** nutritious family meals that include non-starchy vegetables and lean protein?
- ____2. Do you make sure your child gets eight to 10 hours of sleep each night?
- **___3. Do you promote** exercise for the whole family?
- ____4. Do you discuss the dangers of alcohol and drug abuse?
 - **_5. Do you encourage** your child to take part in fun activities that will help him reduce stress and enjoy life?

How well are you doing?

More yes answers mean you are helping your child stay in top form throughout the school year. For each no, try that idea from the quiz.



Use strengths to inspire

Have you heard the saying, "Nothing succeeds like success"? If your child is struggling with a subject in school, point out the things she's doing right in another subject. Then help her apply her strengths to the situation. To begin the conversation:

- **1. Ask your child** what subject she thinks she is best at in school.
- **2. Have her list reasons** why this area is a strength. What strategies does she use to learn the material?
- **3. Add some positives** you've noticed to her list, such as her persistence.
- **4. Brainstorm together.** If she always reads the textbook in history, what about doing the same in math?

Careful reading gets results

Two reading strategies can help middle schoolers do better on tests, no matter



what the subject. Encourage your child to:

- **1. Read, then reread** the directions to be sure he understands exactly what to do.
- **2. Read each question** carefully. He should think about his answer before reading the choices provided.

Be alert for cyberbullying

Bullying doesn't have to happen in school to affect a child's feelings about school. Research shows that bullying on the internet can make victims—and bullies—feel negative about school and learning.

Discuss cyberbullying with your child. Ask her to tell you if she sees cruel or threatening things about her—or anyone else online. Your child should never respond to these posts. Instead, print them out and show them to school officials or the police.

Source: "Female cyberbullies and victims feel the most negative about school and learning," Science Daily, niswc.com/cyber.

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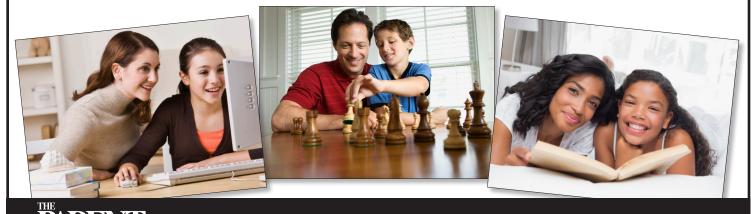
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Middle School

Daily Learning Planner

Ideas parents can use to help students do well in school

Warren City Schools http://www.warrenschools.k12.oh.us



PARENT

March 2019

- □ 1. Ask your child to list three things that would make your community a better place.
- 2. Take a map in the car or on a walk with you. Show your child where you are headed and ask her to help navigate.
- 3. Exchange persuasive letters with your child. Try to convince each other of your points of view.
- 4. Write your child a note of thanks. "It's such a help to me when you do the dishes."
- 5. Together, watch a movie based on a book your child has read. Talk about how the versions are similar and different.
- □ 6. Discuss an international news event with your child. How is it affecting this country?
- □ 7. Ask your child to take photos during a family outing.
- 8. Tonight, tell your child a story about yourself at his age.
- 9. Review any goals your child has set recently. Is she working toward them as planned?
- 10. Try a new recipe with your child. This gives him practice following directions.
- 11. When your child tells you something important, restate it in your own words to make sure you understand.
- 12. Peer pressure can be positive. Encourage your child to participate in group activities like sports and volunteering.
- 13. Suggest your child keep a notebook handy when reading. She can list words she isn't sure of, and look them up later.
- 14. Your child may be facing important exams this month. Make sure he gets enough sleep the night before.

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- □ 15. Let your child know the things that make her precious to you.
- □ 16. Help your child figure out the perimeter and area of his bedroom.
- □ 17. Let your child see you reading for pleasure.
- □ 18. Link your child's responsibilities to freedom. As she becomes more responsible, grant her more freedom.
- 19. With your child, check to make sure your smoke detectors work.
- 20. See if your child can name the government leaders of your state.
- □ 21. At the library, look at some books of paintings with your child.
- 22. Encourage your child to write a thank-you note to a favorite teacher.
- 23. Plan a paperback book swap. Invite your child's friends.
- □ 24. Make a family visit to a nearby museum.
- 25. Challenge your child to create a recipe and write it down.
- 26. Talk with your child about the importance of resolving conflicts without violence. Discuss ways to do it.
- 27. Ask your child to name an *adjective* and an *adverb*.
- \square 28. After your child takes notes, have him draw pictures of the key ideas.
- 29. At the grocery store, talk with your child about what kinds of things affect food prices.
- 30. List your priorities in life, including family. Does your schedule reflect what's most important?
- 31. Watch a history program together.

