JEFFERSON PK-8 Newsletter



Preschool Registration

If you are interested in registering your 3 or 4 year old for Warren City Schools preschool program, you <u>MUST</u> call Cortney Neer at 330-675-4321 to make an appointment.

Your child will then be put on a waiting list.



Kindergarten Registration

Kindergarten registration will be held at Jefferson on <u>March 12. 2-6 p.m.</u> You will need to bring with you your child's:

Birth Certificate Social Security Card Shot Records Proof of residence Kindergarten ROCKS

custody papers if applicable.

January Student of the Month

Eric Hasty						
Amilliono Pena						
Aubree Jackson						
Skyy Davis						
Geionna Jones						
Faith Click-Wells						
Mya Matlock						
Sapphire Hackett						
Alyric McMillian						
De'Zyire Martin						
Gabby Bennett						
Shawn Duecaster						
Denise Hendry						
Katrell Golden						
Willie Cuthbertson						
Jamar Butts						
Aniyah Allen						
Jessee Hendrie						

Jayceon Ware Alannah Eckert Josiah Williams Nicholas Harsch Zion Henderson Cayden Fowler Amarielle Scrivens Rhianyn Neely Abbagail Anderson Realitee Redd Elijah Taylor Darien Monday My'Laiya Dothard Priscilla Jones Day'Vion Blackwell Jadyn Ford Damen Allen Marvell Jones

REMINDER

Students <u>will not be released after 3:30 p.m.</u> unless prior approval from an administrator. This is a busy time of the day and will help with the safety and welfare of our students.

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How your child gets home **will** not be changed without a note.

A phone call or verbal request by parent/student will not be an accepted way to change transportation. Per page

4 of the Student/Parent Handbook.

Help Network of NE Ohio

To get information about area food pantries and free meal sites sent directly to your cell phone, text **HELP NETWORK** to **898211.** At the prompt, enter "1" for information about food pantries, or "2" to learn about free meal sites near you.

Upcoming Test Schedule

ELA testing begins March 23 through April 10.

Math and Science testing begins March 30 through April 23.

Social Studies testing begins March 27 through May 1.

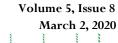
Please make sure your student has plenty of rest and a good breakfast to help with concentration.

Afterschool Program Family Day

If your child participates in the 3-4 grade afterschool program, please join us Thursday, March 19, 2019 at 4p.m. for our family night. This is a great opportunity to learn what your child has been doing to prepare for upcoming testing.



Turn your clocks ahead 1 hour March 8





Yearbooks

Jefferson PK-8 yearbooks are currently on sale. Cost per yearbook is \$20. Orders should be received no later then March 31, 2020.



Special points of interest:

- Mar. 4 9:30am 6th gr. Field trip to WGH
- Mar. 8 Turn your clocks ahead one hour
- Mar. 10 9:30am Kg. Family Day
- Mar. 12 2-6pm Kg. Registration @ Jefferson—Kg. Field Trip to Trumbull Art Gallery
- Mar. 13 End of 3rd nine weeks
- Mar. 16 9:15am 8th gr. Field Trip to YSU
- Mar. 19 3-4 Afterschool program Family Day @ 4pm
- Mar. 20 2:30pm 1st gr. Music program

At any time you have any questions please feel free to call the school at (330) 675-6960 or e-mail:

- Ms. Boyer at carrie.boyer@neomin.org,
- Ms. Marshall at sonya.marshall@neomin.org,
- Mr. Israel at gary.israel@neomin.org

JEFFERSON PK-8

CARRIE BOYER—PK-2 PRINCIPAL SONYA MARSHALL- 3-5 PRINCIPAL GARY ISRAEL- 6-8 PRINCIPAL 1543 Tod Ave.,SW Warren, Ohio 44485

Phone: 330-675-6960 Fax: 330-675-6961 **MARCH** | 2020

Warren City Schools Pk-8 Lunch Menu

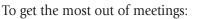
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 National Breakfast Week Kickoff Hot Breakfast Sandwich's Smiley Fries Banana Orange Juice Did you get your breakfast this morning?	3 Homemade Chili (8oz) w/ Shredded Cheese Cracker Options Celery & Peanut Butter/Ranch Mixed Fruit Cup Mini Corn Bread	4 Raider Hot Dog Shoppe Hot Dog's w/ WG Bun Chili and Cheese Options Baked French Fries Baked Beans Fruit Choices	5 Baked Chicken Leg WG Dinner Roll Cheesy Potatoes Steamed Carrots Diced Pears	6 Cheese Loaded Breadsticks Side of Dipping Sauce Spinach Tomato Salad Orange Wedges (2) Smart Snack Treat 3-8 Fish Sandwich w/ Cheese Option Willard: Cornersburg (X-Cheese)	NATIONAL SCHOOL BREAKFAST WEEK. MARCH 2 TO 6 TH.
9 Grilled Chicken Patty w/ melted cheese option WG Bun Baked Sweet Potato Fries Baked Beans Clementine's	10 Soft Beef Taco Lettuce/Cheese Salsa/Sour Cream Sweet Corn Fruit Choices Taco Sauce/Chipotle Ranch Options	11 Raider Sub Day Italian Sub's w/ Options Pillsbury Sub Roll Celery & Peanut Butter/Ranch Fresh Applies Pretzels Turner Fruit Punch Juice	12 Turkey Gravy Mashed Potatoes w/ WG Dinner Roll Sweet Corn Diced Peaches	13 Nardone Cheese Pizza Cheddar Cheese Chunk Snack Carrots & Ranch Dip Applesauce Cup Smart Snack Chip Darlington Shamrock Cookie McGuffey-Belleria (X- Cheese)	COLLECT BREAKFAST STICKERS DURING BREAKFAST
16 Chicken Nuggets WG Dinner Roll Baked French Fries Baked Beans Fruit Choices	17 Happy St. Patrick's Day Soft Pretzels (Shamrock's) Cheese Cup String Cheese Snack Celery & Peanut Butter/Ranch Apple Slices SideKicks Shamrock Cookies	18 Nacho Grande Lettuce/Cheese Salsa/Sour Cream Sweet Corn Fruit Choices Taco Sauce/Chipotle Ranch Options	19 Tony's Personal Pizza Spinach Tomato Salad Frozen Fruit Cup Smart Snack Treat Jefferson-Pizza Hut	20 Macaroni and Cheese WG Dinner Roll Steamed Broccoli Fruit Options 3-8 Fish Sandwich w/ Cheese Option	Our Daily Options: Salad Meals Yogurt Meals Sub Meals P B & Jelly Sandwich Fresh Fruit New: Hummus Cup
23 Cheeseburger WG Bun Baked French Fries Baked Beans Pineapple Chunks	24 Meatball Subs w/ Mozz Cheese Smart Snack Chip Celery & Peanut Butter/Ranch Mixed Fruit Cup	25 Chicken Strips WG Dinner Roll Baked French Fries Baked Beans Frozen Fruit Cup	26 Soft Chicken Taco Lettuce/Cheese Salsa/Sour Cream Sweet Corn Fruit Choices Taco Sauce/Chipotle Ranch Options	27 Lasagna Roll Ups (Meatless) Garlic Toast Garlic Green Beans Diced Pears	Variety of Milk Options Served with every Meal. Menu subject to change. This institution is an equal opportunity provider.
30 BBQ Rib Patties WG Bun Baked French Fries Baked Beans Applesauce Cup	31 Popcorn Chicken Mashed Potatoes w/Gravy WG Dinner Roll Sweet Corn Diced Peaches 6-8 Raider (KFC) Bowl Option			3	Saturday March 14 th is National Potato Chip Day What's your favorite Smart Snack Potato Chip?



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Family meetings encourage communication and connection

A secure family connection supports your child as he takes on new challenges at school. Holding family meetings is an effective way to build that connection and help him develop important school and life skills at the same time. With planning, these meetings are a great way to teach your child about communication, negotiation and cooperation.



• **Choose a regular meeting date** once every week or two. Also allow family members to request a meeting if

family members to request a meeting if they have something to discuss.

- **Set an agenda.** Before a meeting, ask family members what they would like to discuss. Topics might include problems, purchases, goals, etc. Allow time to talk about each topic, but try to keep the meeting under an hour.
- **Appoint a leader.** The chairperson must stick to the agenda and make sure everyone gets a fair, uninterrupted say. At first, the leader should be an adult. After a few meetings, let your child give it a try.
- **Take turns.** After one person explains an idea or problem, give everyone else an opportunity to say what they think about it. Brainstorm solutions, then choose an idea to try, with parents having the final say.
- **Keep a record.** Take notes on decisions. Plan to revisit solutions at future meetings to discuss whether or not they are working.

Make it easier for your child to focus

Everybody's mind wanders now and then. But if your child regularly "zones out" at school, it can affect her ability to learn and retain information.

Studies demonstrate that younger students who can't focus tend to become older students who can't focus. Strengthening attention skills at home can help your child be more attentive at school. Here's how:

- **Remove distractions.** TVs and other devices should be off while your child does homework.
- **Allow short breaks.** A fiveminute breather can help your child clear her head and refocus.
- **Turn big assignments** into small tasks. If she has to write a report, say, "First, think about what you want to say. Next, make an outline. Then start writing."
- **Encourage games** and activities that sustain interest, such as Concentration and puzzles.

Source: A.J. Lundervold and others, "Parent Rated Symptoms of Inattention in Childhood Predict High School Academic Achievement Across Two Culturally and Diagnostically Diverse Samples," *Frontiers in Psychology*, Frontiers Communications.

Grow some science skills

To practice scientific thinking, give your child a potted plant. Ask him to:

- **Describe it.** Have him write down its size, color, bloom shape, leaf structure, etc.
- **Learn its name.** Help him use the plant's common name to look up its scientific name. What can the name tell him about the plant?



Help your student get in shape for test success

Studying is not the only thing that can help your child succeed on tests. Research shows that students who are physically fit recall information better—and score higher on tests—than classmates who don't exercise.

To boost your child's test-taking fitness on test day, make sure she also:

- **Eats** a healthy, low-sugar breakfast.
- Arrives at school well-rested.
- **Relaxes.** Stretching and deep breathing are good ways to do this.
- Drinks plenty of water.

Source: S. Dalton, "Youth Fitness: Exercise Helps Children Excel in School," Healthline, niswc.com/shapeup.

Promote literacy at home

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Sharpening literacy skills at home fosters academic success. Try these ideas to encourage reading and writing:

- **Read often—at all times of day.** Visit the library and keep interesting books where your child can get to them.
- **Keep a family journal.** Each week, have everyone jot down a few sentences about the week.
- **Play word games.** Your child may not realize he's learning if he's having fun.





Do I have to tell the school about my child's asthma?

Q: The doctor says my daughter has asthma. But my child doesn't want me to tell anyone at school—she's afraid she won't be able to play with friends at recess. How should I handle this?

A: Asthma is the most common chronic childhood illness, and it can have a negative impact on school attendance and achievement. So you can't agree to stay silent about it. Instead, work with the school to create plans to protect your child's health and safety. Here's how:

• Ask the school nurse or office staff about rules for medicine at school, and fill out any necessary forms. Make sure your child knows how to take her medication.



- **Meet with your child's teacher.** Discuss things that can trigger an ٠ attack, such as overexertion and exposure to animals, pollen, mold and dust. Teach your child to self-monitor and avoid trigger situations. Agree on a plan of action so everyone knows what to do if she has an attack.
- **Continue to work with the doctor** to make sure your daughter's • asthma is well-controlled.

Asthma shouldn't prevent your child from enjoying recess. But she will have to learn to respect her limits so she can stay healthy.

Source: American College of Allergy, Asthma, and Immunology, "Academic performance of urban children with asthma worse than peers without asthma," ScienceDaily, niswc.com/asthma.

Parent 🕑 Are you building decision-making skills?

Your child will face many choices in school. Will he say no to peer pressure and yes to positive challenges? Your guidance can help him choose wisely. Are you teaching your child to make good decisions? Answer yes or no below:

1. Do you make it clear to your child that every choice has consequences?

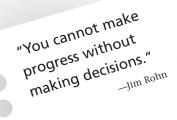
Quiz

- **2. Do you provide** lots of opportunities for your child to make choices-and live with their outcomes?
- **3. Do you include** your child in discussions about family decisions?
- 4. Do you think out loud and talk through how you make choices?
- **5. Do you teach** your child to ask questions before making

a choice? "Will an adult be there?" "What do members of the recycling squad do?"

How well are you doing?

More yes answers mean you are encouraging your child to think decisions through. For each no, try that idea.



Children learn from chores

As your child goes through school, she'll be expected to take increasing responsibility for her schoolwork. Doing chores at home helps her practice aspects of that responsibility such as following directions and being reliable. Chores also help your child:

- **Feel invested.** A child who has swept the floor is less likely to walk across it in muddy shoes.
- Take pride in her work. Remembering the satisfying feeling of a job well done can help her persevere with schoolwork.
- Learn basic life skills. Tasks like caring for clothes and taking out the trash prepare your child for a responsible, independent future.

When imposing discipline, describe, don't criticize

When your child misbehaves, it's more effective to correct him than to criticize him. So instead of saying something like "You are so maddening!" describe his error. "It was your sister's turn to use the computer and you wouldn't quit playing your game." Then remind him of your rule—"When your 20 minutes is up, your turn is over"—and calmly impose the consequence for breaking it.

Encourage prompt action

It's natural for kids to enjoy some subjects more than others. But when dislike for a subject or assignment causes your child to put off tackling it, it's a problem. To prevent procrastination, remind your child that:

- **Everyone has to do** things they don't like. Mention duties you don't relish.
- Putting tasks off makes them seem worse.
- Getting tough tasks out of the way feels great!



Source: R. Emmett, The Procrastinating Child, Walker Books

Helping Children Learn®

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Elementary School

Daily Learning Planer Ideas parents can use to help children

Ideas parents can use to help children do well in school

Warren City Schools http://www.warrenschools.k12.oh.us



PARENT

March 2020

- 1. Ask your child: "If you had a magic wand, what would you change about the world?"
- 2. With your child, keep a record of the phases of the moon this month. Look for the moon every night and draw what it looks like.
- 3. Ask your child how the sun helps us. Feeds plants, keeps us warm. Can it harm us? Sunburn.
- □ 4. Have your child use each letter in her name to begin a line of a poem.
- □ 5. Ask your child to teach you something he's learning in school.
- □ 6. Have a family Geography Challenge. Name a state, province or country. Who can call out its capital first?
- □ 7. Make up a simple question. Ask your child to answer with a sentence that rhymes.
- □ 8. Start a family library. Let your child choose her own shelf for books.
- 9. Encourage your child to sort his books by subject. He can use the public library's system or invent his own.
- 10. Create a family joke book. Write one or two jokes per page. Staple the pages together.
- □ 11. Start a small change collection in a jar. Brainstorm together about how to use the money when the jar is full.
- 12. Ask your child to complete sentences like, "Something I would like to learn is ... " or "Something I'm getting better at is"
- □ 13. Use math to give your child instructions. For example, ask her to put 3 + 2 + 1 napkins on the table.
- □ 14. Set aside some time to spend one-on-one with your child today.
- □ 15. Ask your child to write down the items you need before you go to the grocery store.

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- □ 16. Have each family member set a weekly goal. Write them down.
- □ 17. Challenge your child to make up a song about his day.
- □ 18. Rearrange the letters in a word in alphabetical order. Can your child figure out the word?
- 19. Get moving with your child. Skip around the house instead of walking.
- 20. Let your child help you make a family chore chart.
- 21. Have each member of your family make a "me" paper bag puppet. Let the puppets discuss good things about one another.
- 22. Talk about how family members are achieving their weekly goals.
- 23. Ask your child to read you the directions for a recipe.
- 24. Learn to fold some origami animals with your child.
- 25. Have your child write directions for making her favorite sandwich, then follow them together.
- 26. Use a balloon to play indoor volleyball with your child.
- 27. Count the days until a special event. Make a paper chain with that number of links. Let your child remove one link each day.
- 28. Take an evening walk with your child. How many stars can you see?
- 29. Talk about tricky pairs of letters. Help your child distinguish between w and m, n and u, b and d, i and l.
- 30. At bedtime, ask your child about the best parts of his day.
- □ 31. Play a game of tic-tac-toe with your child.





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Boost knowledge and skills to help your child read for meaning

Reading for meaning involves more than understanding the words on a page. Students also need to be able to identify the main idea and draw inferences (use evidence in the text to make conclusions that aren't directly stated). Many middle schoolers struggle with these tasks.

To strengthen your child's reading comprehension skills, help her:

• **Build prior knowledge.** Your child's ability to understand what she reads is linked to what she knows



before opening the book. Encourage her to read news articles on all kinds of topics. Attend exhibits and cultural events as a family. Share your knowledge about places you've been or things you have experienced, too.

- **Ask questions before reading.** Have your child scan the headings, pictures and boldfaced text in a reading assignment. What questions do they raise in her mind? As she's reading, she can jot down other questions that come up. When she's finished reading, can she answer her questions?
- **Enlarge her vocabulary.** Encourage your child to write down new words she encounters, along with their meanings.
- **Increase fluency.** Reading faster and more easily aids understanding. Look for brief articles that will interest your child, and time her as she reads. Then challenge her to read at a faster pace and still grasp the main idea.

Source: M. Pressley, "Comprehension Instruction: What Works" Reading Rockets, niswc.com/read-meaning.

Employ emotions to promote learning

Emotions play a big role in the way middle schoolers see the world. That's because the part of the adolescent brain that processes emotions matures sooner than the part that handles rational thinking.

To engage your child's emotions and maximize his ability to learn:

- **Use humor.** Middle schoolers love to laugh and make jokes. Encourage your child to find funny cartoons, GIFs or videos about what he's learning.
- Link learning to life. Adolescents tend to think the world revolves around them. So help your child relate to what

he's learning. If he's studying the Revolutionary War, ask him to think about a time he felt like revolting against authority.

• **Put imagination to work.** Ask him questions like, "What would it have felt like to be with Washington at Valley Forge?

Source: T. Armstrong, Ph.D., "Maximize the Power of the Middle School Brain," MiddleWeb, niswc. com/mid_brain.

Have fun with math facts

Students who lack a firm command of basic math facts often struggle to learn abstract concepts. Reinforce your child's fact recall with these games:

• **Hot potato.** Call out an equation (9 x 8) as you toss a ball to your child. Ask her to say the answer before she catches the ball.



• **Multiplication race.** Remove the face cards from a card deck. Each player turns over one card. The player who first says the product of the cards wins them.

Make study time count

Not all study strategies are equally effective. To help your child prepare for tests, suggest he use these research-proven techniques:

- **Self-quizzing.** Your child can make up his own questions, then answer them.
- **Summarizing** material in his own words.
- **Studying** in multiple short sessions, spaced out over time.
- **Studying** a variety of related material (different types of math problems) in a single session, rather than just one type.

Source: E. Kang, "5 Research-Backed Studying Techniques," Edutopia, niswc.com/study-tips.

Essential ways you can help

Here are three critical ways to stay involved and help your child achieve in school:

1. Communicate your expectations.

_ _ _ _ _ _ _ _ _ _ _ _

- **2. Expand on** what's being taught. Help your child apply what she's learning.
- **3. Talk about** the future. Help her investigate the education and training necessary to prepare for careers of interest.

Source: N.E. Hall and others, "Parental involvement in education during middle school," *Journal of Educational Research*, Taylor & Francis.



How can I plan an enriching 'staycation' for my child?

Q: My son insists that "everybody" is going away for spring break. I have taken the week off from work, but we are staying home. How can we make the most of our week without breaking the bank?

A: It is likely that "everybody" won't really be heading off on fancy trips. But you are wise to plan a few entertaining—and even educational—ways to spend time with your child during your week off.

Consider these ideas:

- **Shadow a professional.** Does your child love animals? See if you can arrange a day where he can volunteer or observe at a nearby veterinary clinic.
- **Be tourists at home.** What draws visitors to your area? What museums and parks showcase local treasures? Do some exploring with your child and try seeing your hometown with fresh eyes.
- **Visit a nearby college.** If you don't want to schedule a formal tour, just walk around campus and check out the library and student union.
- **Host a movie night.** See if your child can find a school friend who is also home for the break. Invite him over for pizza, popcorn and movies.
- **Plan a "vacation day."** For 24 hours, give your child a break from chores and routines. Let him sleep in, stay up late and eat a favorite meal.

Parent Are you reducing peer pressure's power?

Middle schoolers care a lot about their friends' opinions. But peer influence can often lead them astray. Are you teaching your child to rely instead on her own good judgment when making decisions? Answer *yes* or *no* below:

- **___1. Do you discuss** the importance of doing the *right* thing, rather than the *easy* thing?
- **2. Do you help** your child think things through? "If you skip last period with your friends, what might happen?"
- ____3. Do you make sure your child understands your family rules?
- _____4. Do you sympathize with your child about the desire to fit in? Does she know she can talk to you if she feels pressured by friends?

____**5. Do you help** your child practice saying *no* to things she knows are wrong?

How well are you doing?

More yes answers mean you're helping your child resist negative peer pressure. For each no, try that idea.

> "It takes courage to grow up and become who you really are."

Encourage leadership traits

Many of the qualities that make someone a good leader also boost school success. To nurture your middle schooler's inner leader, encourage him to:

- Welcome new ideas. Leaders know they can learn from others.
- **Be flexible.** It doesn't always work to do everything the same way. Sometimes it helps to try a different approach.
- **Get organized.** Leaders plan ahead.
- **Show enthusiasm,** and be optimistic that with his effort, things will go right.

Source: B.A. Lewis, What Do You Stand For? For Teens, Free Spirit Publishing.

Hold an after-test review

Your child is used to being tested on what she's learned. But does she know that a test is also a *way* to learn? Encourage her to:

- **1. Make notes** as soon as possible after the test. What was easy? What is she still confused about?
- **2. Correct any errors** and keep the test as a study guide for midterms or finals.
- **3. Analyze mistakes.** Were they careless? Or should she have studied more?

Help your child use this information to plan ways to study more effectively next time.

Enter the high school zone

If your child will be moving up to high school in the fall, smooth his transition by helping him:



- **Find answers.** Suggest that he discuss questions or concerns with his school counselor.
- **Think ahead.** Discuss classes he wants to take. Have him ask current students about their experiences.
- **Feel confident.** He's achieving a huge milestone! Tell him you're proud of him.

Helping Students Learn®

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Middle School

Daily Learning Planner

Ideas parents can use to help students do well in school

Warren City Schools http://www.warrenschools.k12.oh.us



PARENT INSTITUTE"

March 2020

- □ 1. Schedule some one-on-one time with your child this month.
- 2. Sometime today, exchange notes with your child instead of talking.
- 3. Keep computers and digital devices out of your child's bedroom at night. Kids should be sleeping, not online.
- □ 4. Call out words from the dictionary at breakfast. Take turns spelling them.
- □ 5. Let your child know that the things that make him unique also make him precious to you.
- □ 6. Suggest that your child record key ideas from a chapter she's reading and play them back to study.
- 7. Watch your child's favorite show with him. Ask questions such as "Who is your favorite character? Why?"
- 8. Encourage your child to draw a self-portrait.
- **9**. Tell your child a joke today.
- □ 10. Ask your child to imagine life 150 years ago. How about 150 years in the future?
- 11. Challenge your child to create a new recipe and write it down.
- 12. Have your child solve a silly math problem, such as "How many hours until your birthday?"
- 13. Give your child a say in something: which movie to watch, what kind of pizza to order or which gift to buy.
- □ 14. Teach your child to keep a daily to-do list.
- 15. Ask your child to teach you how to play her favorite game.
- □ 16. Read and discuss an editorial from today's paper with your child.
- 17. Talk with your child about your family's values and how you expect his behavior to reflect those values.

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- 18. Challenge family members to learn and use three new words a day. That's over 1,000 words a year!
- 19. Emphasize the importance of attendance in school and the workplace.
- 20. Index cards are great for study notes. Students are forced to write down only the most important points.
- 21. Does your child forget to bring home books and other homework supplies? Have her post a take-home checklist inside her locker.
- 22. If your child has strong opinions on an issue, encourage him to write a letter to a public official or the editor of your newspaper.
- 23. Teach your child a three-step process for any job: Plan, do, finish.
- 24. Thank your child for something she did well around the house.
- 25. Look at a map of the country. Point to a region your child has never visited. What does he know about it? Help him research some facts.
- 26. Help your child set priorities when studying. What is most important? Due first? Most difficult?
- 27. Save your next five grocery receipts. Then ask your child to calculate the average amount you spent on food.
- 28. Discuss a controversial issue with your child. Ask, "What do you think?"
- 29. Tell your child what life was like when you were in school.
- □ 30. Let your child experience the consequences of misbehavior.
- 31. Talk with your child about a mistake you once made. What did you learn from it?



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